

Jerry Arnold Challenge @ Mill Creek High School 3/7/18

PLACE-Mill Creek High School 4400 Braselton Highway 124 Hoschton, GA 30548

SCORING-Top 8 places will be scored.

AWARDS-Awards stand will feature **MEDALS FOR THE TOP 8**, the Champion will receive a **Champion Meet Tee Shirt**. Trophies will be presented to the **TOP 4 TEAMS**.

ENTRIES-Two entries per school and one relay team per school.

Deadline for entries are March 6, 2018.

Please use **verified entries only**. Performances must be VERIFIED to be used for seeding.

CHECK IN Heat sheets will be sent to coaches on Friday afternoon March 9th and posted on GA.MILESPLIT.com There will be no additions made to the meet after March 9th 2017. One-for-one substitutions may be made with the clerk of course on the day of the meet as long as no one violates the participation limit.

QUALIFYING-Finals are by time only in all running events.

FIELD EVENTS-Every contestant in the shot, discus, long jump and triple jump will be given 3 attempts with the top 9 qualifying for the final.

INFIELD-No spectators, parents, coaches (unless attending to an injured athlete) or athletes (not involved in competition) will be allowed on the track or in the field. Failure to comply will result in your removal from the track and disqualification from the meet. Coach it is your responsibility to inform your athletes of this! This measure is for the safety of all athletes.

Warm-ups will be allowed on the track until 9:45 a.m. on Saturday. After 9:45 a.m. all warm-ups should be done on the practice football field or the warm up track at the middle school.

Please do not set up any tents in bleachers on the home stands in the stadium. You may use the visitor stands for tents, or the practice football field in the non warm up area closest to the field house. We will have designated areas marked for tents.

ATHLETIC TRAINERS will be on hand for all sessions, we do ask if you have an athlete that needs taping to please bring a roll of tape for our Athletic Trainers to use.

FACILITIES-The track at Mill Creek is a latex all-weather track. ---**1/4 inch or less Pyramid spikes only**. Spikes will be checked Two Horizontal jump runways with Mondo surface.Two Pole vault runways and pits (one Mondo, one Latex)

GATE FEE \$4.00 for adults and \$3.00 for students.

CONCESSIONS-There will be a full concession area provided.

RELAYS-One relay entry per team. When entering on line you must list 4 runners and 2 alternates---any of those 6 may run on the relay.

T-SHIRTS-Will be sold at the meet provided by Georgia Promotions.

CLERK OF COURSE-Athletes must check in and stay with the clerk of course by 2nd call.Uniforms will be checked at the clerk area. Failure to check in and follow clerk's instructions will result in disqualification. Hip numbers will be issued to each athlete; they are to be placed on the left hip. We will walk the athletes out onto the track from the clerk area.

Field Event Opening Heights-

Girls PV Opening Height - 7' Boys PV Opening Height-9'00"

Girls HJ Opening Height - 4'8" Boys HJ Opening Height - 5'8"

2018 Jerry Arnold Challenge at Mill Creek SCHEDULE OF EVENTS (TENTATIVE)

Field Events

9:30 AM	Final	Long Jump	Boys red
9:30 AM	Final	Long Jump	Girls gold
11:00 AM	Final	High Jump	Boys
11:00 AM	Final	Pole Vault	Girls red
11:00 AM	Final	Pole Vault	Boys blue
11:00 AM	Final	Shot Put	Girls
11:00 AM	Final	Discus	Boys
2:00 PM	Final	Discus	Girls
2:00 PM	Final	Triple Jump	Boys red
2:00 PM	Final	Triple Jump	Girls gold
2:00 PM	Final	High Jump	Girls
2:00 PM	Final	Shot Put	Boys

Running Events

10:00 AM	Finals	4 X 800	Girls
10:30 AM	Finals	4 X 800	Boys
11:00 AM	Finals	4x100m Relay	Girls
11:20 PM	Finals	4x100m Relay	Boys
Noon PM	Finals	1600m Run	
	Girls		
12:30 PM	Finals	1600m Run	Boys
12:55 PM	Finals	400m Dash	Girls
1:15 PM	Finals	400m Dash	Boys
1:30 PM	Finals	100m	Girls
1:50 PM	Finals	100m	Boys
2:10 PM	Finals	100m High Hurdles	Girls
2:30 PM	Finals	110m High Hurdles	Boys
2:50 PM	Finals	800m Run	Girls
3:15 PM	Finals	800m Run	Boys
3:40 PM	Finals	200m Dash	Girls
3:55 PM	Finals	200m Dash	Boys
4:10 PM	Finals	300m Hurdles	Girls
4:30 PM	Finals	300m Hurdles	Boys
4:55 PM	Finals	4x400 Relay	Girls
5:15 PM	Finals	4x400m Relay	Boys
5:35 PM	Finals	3200m Run	Girls
6:20 PM	Finals	3200m Run	Boys