

Region 7-AAAAAAA Championships

@Norcross Running Finals 4/19/18. Windy, cool.

We fought hard, but lost to Parkview 216-180, and we finished as the Region 7-AAAAAAA Runners Up.

We have qualified 19 individual athletes and 2 relay teams for Sectionals and had FOUR REGION CHAMPIONS: Luke McNeil in the 3200, Harrison Miller in the 300 hurdles, David Crawford in the 110 hurdles, and Khalil Hasan in the triple jump!

The following boys scored points in running finals on Thursday:

100 meter: TJ Ellis (4th) and Spencer Porter (7th)

200 meter: Nick Ramey (2nd)

400 meter: Nick Ramey (2nd) and Jared Jones (4th). Ramey's time of 46.55 is a school record, 2nd fastest all time in Gwinnett County, and was the 5th fastest time in THE COUNTRY this track season.

800 meter: Zach Roberts (4th) and Philip Jones (6th)

3200 meter: Luke McNeil (REGION CHAMPION!) and Thomas Ridley (2nd)

110 Hurdles: David Crawford (REGION CHAMPION!) and Kevin Ng (3rd)

300 Hurdles: Harrison Miller (REGION CHAMPION!) and Austin Hamilton (3rd)

4x100 Meter Relay: A Relay (Hill/Prince/Ellis/Riley) 2nd place

B Relay (Britt/Kohl/King/Porter) 6th place

4x400 Meter Relay: A Relay (Jackson/Ramey/V Shanmugam/Jones): 2nd place

B Relay (P Jones/Fowler/Walker/Roberts): 6th place

The following athletes have qualified for Sectionals, which will take place on April 28th at Mill Creek:

100 meter: TJ Ellis

200 meter: Nick Ramey

400 meter: Nick Ramey, Jared Jones

800 meter: Zach Roberts

1600 meter: Thomas Ridley

3200 meter: Luke McNeil, Thomas Ridley

110 Hurdles: David Crawford, Kevin Ng

300 Hurdles: Harrison Miller, Austin Hamilton

4x100 A: Matthew Hill, Nick Prince, Caleb Riley, TJ Ellis, Omajuwa Etiwe

4x400 A: Ian Jackson, Nick Ramey, Jared Jones, Vijay Shanmugam, Harrison Miller, Omajuwa Etiwe

High Jump: Khalil Hasan, Ian Jackson

Triple Jump: Khalil Hasan

Shot put: Mike Akuffo

Discus: Jake Winskie

Pole Vault: McKinley Davis, Conner Bowler