

Varsity Boys 4x1600 Meter Relay

- Relay Team A 18:23
- 1) Luke McNeil 2) Zach Roberts 3) Matthew Tharakan 4) Thomas Ridley

Varsity Boys 4x800 Meter Relay

- Relay Team A 8:36.90
- 1) Jared Jones 2) Vijay Shanmugam 3) Zach Roberts 4) Thomas Ridley

Varsity Boys 110 Meter Hurdles

- Marcel Wheat 16.24
- David Crawford 15.87

Varsity Boys 1,600 Meter Run

- Luke McNeil 4:32.72

Varsity Boys High Jump

- Toju Etiwe 6-2
- Khalil Hasan 6-0

Varsity Boys Long Jump

- Toju Etiwe 21-8.25
- Khalil Hasan 21-2

Varsity Boys Triple Jump

- Khalil Hasan 43-9

**COACHES INVITATIONAL
PRESENTED BY POPE HIGH SCHOOL**

FRIDAY & SATURDAY March 16-17, 2018

LAKEWOOD STADIUM, ATLANTA, GEORGIA

PARKING: Buses should drop off and park in the lot off of Olive Street. Spectators should park off of Claire Drive. A more detailed parking plan will be posted closer to the meet.

ADMISSION: Admission will be \$5 for everyone. Admission will be charged on both days. Athletes should be prepared to show their uniform to gain access to Griffin Stadium.

AWARDS: Gold Relay Batons will be awarded to the Champions on the field in a ceremony immediately after the event. Second and third place will receive a spike bag and may be picked up at the awards table adjacent to the concession stand.

EVENT SEEDING: Field events will be seeded from worst to best. Running events sections will be from slow to fast.

FACILITY: Lakewood Stadium has a newly resurfaced world-class track that is MONDO. One-quarter inch spikes only are allowed. Warm ups will be on the practice field adjacent to the track or around the parking lot area. Trainers will be available in the warm-up area.

CLERKING: Athletes should check in 30 minutes ahead of their event at the check in the tent that is adjacent to the start/finish line. Relay athletes should all check together. Track athletes will be escorted to the starting by the clerk. Field event athletes should check in directly at their event area. .

UNIFORMS: Athletes must compete in the school issued uniform in compliance with GHSA rules.

Friday March 16, 2018

TIME	EVENT	COMPETITORS	HEATS/FLIGHT	QUALIFYING
4:30pm	Girls Discus	30	3 throws	Final
4:30pm	Boys Long Jump	30	5 alive	Final
5:00pm	Boys High Jump	30	3 flights	Final
5:00pm	Boys Pole Vault	30	5 alive	Final
5:30pm	Girls Long Jump	30	3 jumps	Final
6:30pm	Boys Shot	30	3 throws	Final
6:00pm	Girls High Hurdle-Semi	32	4 heats	Top 8 Times
6:15pm	Boys High Hurdle-Semi	32	4 heats	Top 8 Times
6:35pm	Girls 100m – Semi	32	4 heats	Top 8 Times
6:50pm	Boys 100m-Semi	32	4 heats	Top 8 Times
7:05pm	Girls Emerging Elite 60	8 (9th/10 only)	1 heat	Final
7:10pm	Boys Emerging Elite 60	8 (9th/10 only)	1 heat	Final
7:15pm	Girls 4x1600m Relay	15 teams	1 heat	Final
7:45pm	Boys 4x1600m Relay	15 teams	1 heat	Final
8:15pm	Girls Sprint Medley	32 Teams	4 heats-Final	100,100,200,400
8:30pm	Boys Sprint Medley	32 Teams	4 heats-Final	100,100,200,400

Saturday March 17, 2018

TIME	EVENT	COMPETITORS	HEATS/FLIGHT	QUALIFYING
9:30am	Boys Discus	30	3 throws	Final
9:30am	Girls Triple Jump	30	3 jumps	Final
10:00am	Girls Pole Vault	30	5 alive	Final
10:00am	Girls High Jump	30	5 alive	Final
10:30am	Boys Triple Jump	30	3 jumps	Final
11:30am	Girls Shot	30	3 throws	Final

11:45am	Coed Sprint Medley (G,B,G,B)	32	4 heats 200, 200, 400, 800	Final
12:00	Girls Emerging Elite 3200	8 (9th/10 only)	1 heat	Final
12:20	Boys Emerging Elite 3200	8 (9th/10 only)	1 heat	Final
12:35pm	COACHES 4x100 Relay	☺	1 heat	Final
12:40pm	Girls 4x100 Relay	32	4 heats	Final
12:55pm	Boys 4x100 Relay	32	4 heats	Final
1:15pm	Girls Elite 400m Run	8	1 heat	Final
1:20pm	Boys Elite 400m Run	8	1 heat	Final
1:25pm	Girls 1600m Run	32	2 heats	Final
1:45pm	Boys 1600m Run	32	2 heats	Final
2:00pm	Girls 100m Final	8	1 heat	Final
2:05pm	Boys 100m Final	8	1 heat	Final
2:15pm	Girls High Hurdle Final	8	1 heat	Final
2:20pm	Boys High Hurdle Final	8	1 heat	Final
2:25pm	Girls 4x800 Relay	30	2 heats	Final
2:50pm	Boys 4x800 Relay	30	2 heats	Final
3:15pm	Girls 4x400 Relay	32	4 heats	Final
3:35pm	Boys 4x400 Relay	32	4 heats	Final