

BROOKWOOD MEN'S TRACK & FIELD

Welcome to Brookwood Track and Field, as the head coach of our Men's Track and Field program, it is with great pride and excitement that I extend to you the opportunity to participate in our Track and Field program.

FIRST DATE OF PRACTICE:

MONDAY, JANUARY 23, 2012 2:34 – 4:45

Must have all necessary paper work on file to step on the track.

ALL FORMS DUE JANUARY 6, 2012!!!!!!!!!!!!

PARENT MEETING: Wednesday, Feb. 1

PLACE: BROOKWOOD HIGH COMMONS

TIME: 7:00PM – 8:30PM

DRESSING FACILITIES:

You may dress in the boys locker room, but if you keep your clothes in the locker make sure you have a combination lock on the locker. Never leave your possessions unsecured in the locker room. **The best option would be to dress in the boys locker room and bring your bookbag to the visitor side bleachers in the stadium.** Have your parents pick you up at the track or at the front of the school.

PRACTICES:

Will start at 2:34 and end at 4:45, be on time. There is no loitering after practices in the school building at all. You should be off the school grounds by 5:00. This includes after meets as well, you should make arrangements to have somebody pick you up immediately after we return from a meet. Make sure you bring the appropriate work out clothes for cold and windy days as well. Make sure you have an appropriate running shoe to train in. We will not cancel practice because of rain. We will only cancel practice if the county decides to cancel all after school activities.

EXPENSES:

Track uniform if needed: \$45

Booster Club: \$130 (includes nike t-shirt, nike track spike bag, 1 banquet dinner, letter of recognition plaque if earned)

Track Spikes: \$40 - \$80 purchase on your own

Sweat pants Grey (Optional) \$17

Hoodie Grey (Optional) \$24

COACHES:

Coach Mark Kelley - Head Coach - jumps

Coach Ben Dehnke - Asst. Coach - distance

Coach Murry Bell - Asst. Coach - sprints, relays

Coach Joe Carter – Asst. Coach – hurdles

Coach Bob Moeck – Asst. Coach – throws

Coach Bill Shields - Director of Meets

If you or your parents have any more questions please contact me:

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